

VIVAMAYR *at* SEA



VIVAMAYR

/ MAY AND
SEPTEMBER 2019

Exclusive is inclusive.

Join us on this extraordinary cruise in the Turkish Aegean accompanied by VIVAMAYR's chief physicians. The following services are included in the tour price:

VIVAMAYR RETREAT AT SEA

- / Initial and final examination
- / Functional Myodiagnosis
- / Daily manual abdominal treatment
- / Daily exercise training or massage
- / Daily morning sports on deck
- / Doctor lectures
- / Meals according to medical prescription and VIVAMAYR guidelines
- / Dinner together with the doctor and his team

UNFORGETTABLE JOURNEY

- / Exclusive circle with max. 15 guests on-board the luxury motor yacht, MY Halas
- / Yachting through picturesque bays in one of Turkey's most beautiful areas
- / Transfer to and from Dalaman International Airport
- / Guided day trips ashore
- / Entertaining evening programme
- / Water and tea

/ Dates

MAY 11 – 18, 2019

with Prof. Dr. Harald Stossier, Dr. Christine Stossier and chef Emanuela Fischer

**Reservation through VIVAMAYR Medical Center Maria Wörth
office@vivamayr.com +43 4273 31117**

AUGUST 31 – SEPTEMBER 7, 2019

with Dr. Sepp B. Fegerl
and the chef from VIVAMAYR Altaussee

**Reservation through VIVAMAYR Medical Center Altaussee
reservations@vivamayr.com +43 3622 71450**

Set sail for a new lifestyle.

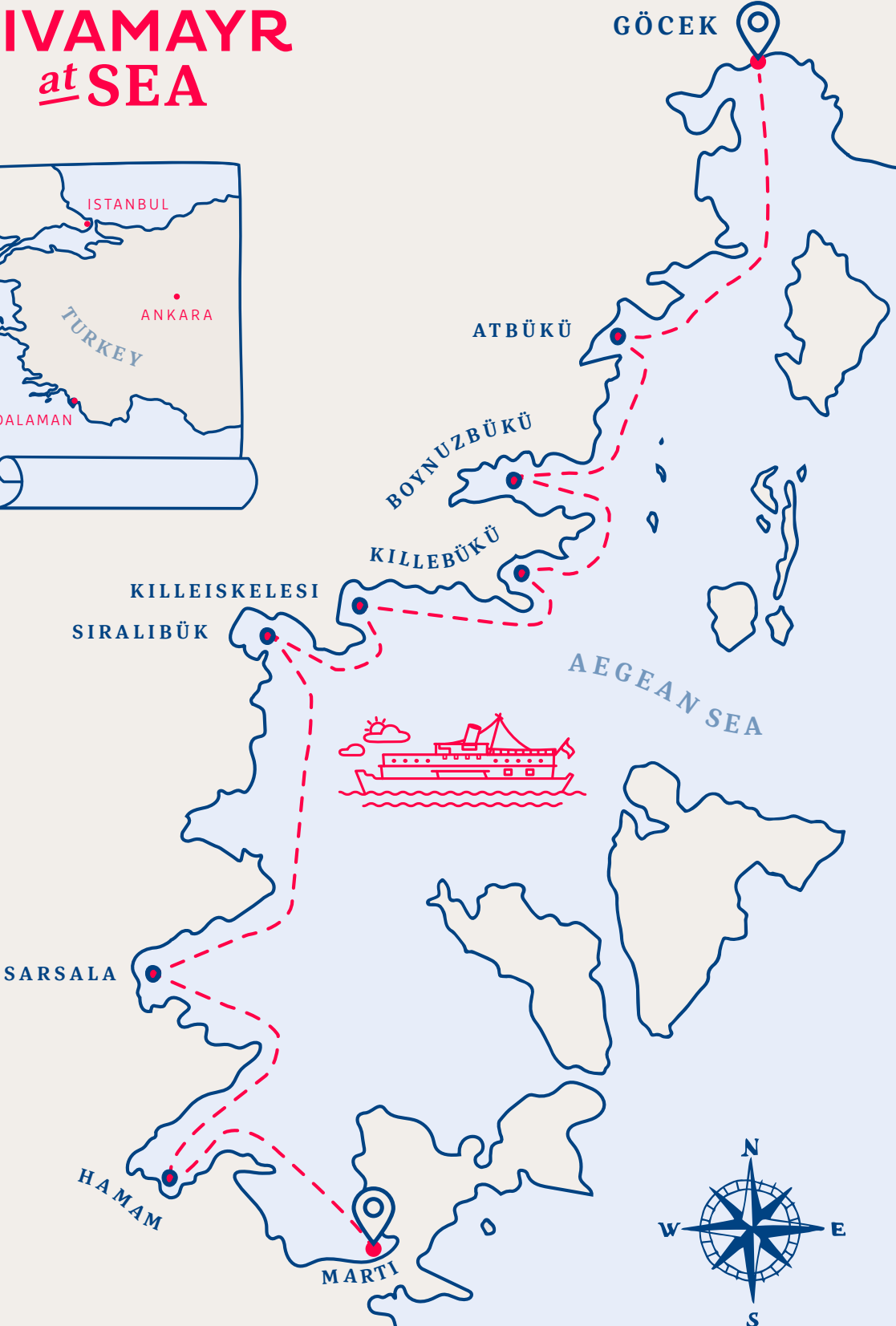


Discovering and learning new things is always easier when the environment is inspiring. Hence this very invitation to join us at sea aboard a luxurious motor yacht in Turkey. We couldn't think of a better place to throw old habits overboard and practise new ways of being.

The historic MY Halas has hosted regal travellers like the English Royal Family and American Presidents. You will be treated to pleasant sea breezes and caring support from our medical team. Look forward to a wonderful VIVAMAYR week with new inspirations on every horizon.



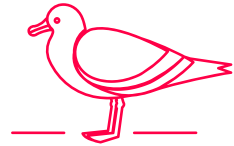
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/ Itinerary

- DAY 1 **Göcek – Atbükü**
- DAY 2 **Atbükü – Boynuzbükü**
- DAY 3 **Boynuzbükü – Killebükü**
- DAY 4 **Killebükü – Killeiskelesi**
- DAY 5 **Killeiskelesi - Sıralıbük (Bedri Rahmi Koyu)**
- DAY 6 **Sıralıbük – Sarsala**
- DAY 7 **Sarsala – Hamam – Martı
Return to Göcek by sea**

These bays will win
your heart.



This journey will take you closer to yourself and to the most beautiful bays in Turkey. Göcek, for example, is a heavenly place where the Taurus Mountains meet the Mediterranean. Magical pine trees cover the undulating bay of Killebükü. We chart a course for the sheltered bay of Sarsala and visit the bustling marina Hamam where a king once built a legendary bath above the city. The charm of the Turkish Aegean Sea is sure to seduce any tender heart.

/ All-inclusive rates



UPPER DECK	<i>Single Occupancy per person / week</i>	<i>Double Occupancy per person / week</i>
Lycian Suite 43m ² , Living Room, King Size Bed	14.000	8.000
Xanthos Junior Suite 20m ² , Living Room, King Size Bed	12.000	7.000
Ephesus Superior Room 16m ² , King Size Bed	10.000	6.000

LOWER DECK

Myra Junior Suite 19m ² , Walk-in Closet, King Size Bed	12.000	7.000
Telmesos and Olympus Deluxe Rooms 12m ² , King Size Bed	9.000	5.500
Patara and Pinará Deluxe Rooms 11m ² , 2 Twin Beds	8.000	5.000

LOWER DECK (AFT)

Araxa and Letoon Executive Rooms 19m ² , King Size Bed	12.000	7.000
Phaselis and Kalamaki Superior Rooms 17m ² , King Size Bed	10.000	6.000

CABIN AMENITIES

- / All cabins have exterior windows overlooking the sea
- / Bathroom with shower in each cabin
- / Air conditioning in all cabins
- / Linens and towels from Haremlique Istanbul
- / Gratis WiFi

HALAS AMENITIES

- / Large sunbathing deck
- / Spacious lounge with elegant wood interior
- / Opulent dining room
- / Tea bar
- / Cozy library
- / Swimming is possible directly from the ship

BOOKING & CANCELLATION POLICY

To ensure proper planning, we ask for payment at the time of booking. **You may cancel up to four weeks before travel. After that time, the full price is due.**

Prices are per person per week. Flights to and from Dalaman International Airport are not included. All prices are in euros including VAT.



OUR LOCATIONS

Medical Center Maria Wörth

Medical Center Altaussee

Day Clinic Vienna

Day Clinic London

Clinic Dates International

